



## TRANQUILLITY & NATURE

### *Holy Island*

Step on board the Dualist. Enjoy a leisurely sail with 360° views en route to the beautiful Holy Isle owned by Tibetan Buddhists. Breathe in the peace and natural beauty of this landscape and discover what attracts multi-faith volunteers to this special island.



Top right: Holy Island seen from the Isle of Arran and above: Buddhists monks tend their garden on the island.



## A peaceful refuge.

From Largs, Dualist will sail across the Firth of Clyde to Holy Isle off Arran, where she will moor and a gourmet lunch provided by Fins of Fairlie will be served. The tiny island ferry then transports you to the island where you will be personally greeted by one of the volunteers who will introduce Holy Isle and the Holy Isle Project.

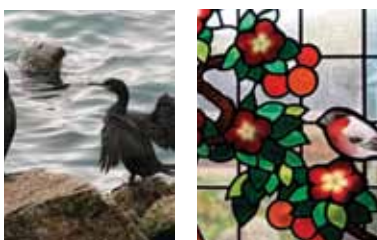
Then explore the ever changing beauty of the Holy Isle on foot. Visitors are welcome to walk the west coast as far as Pillar Rock lighthouse on the south east corner of the island. You will see Soay sheep and Saanen goats and also Eriskay ponies. Common and grey seals can often be spotted swimming or lying on the flat rocks around the island. It's also worth looking out for porpoises and bottlenose dolphins.

There is a well-stocked organic vegetable garden to visit and an Information centre to browse in. Then, back to Dualist to relax with afternoon tea and scones and enjoy the spectacular scenery of the homeward sail.

### ITINERARY

- 08:00** Meet at Regattas Restaurant, Largs Yacht Haven  
Luxury breakfast served prior to safety brief
- 09:00** Board Dualist and sail to Holy Island
- 12:00** Lunch on-board  
Provided by award-winning Fins of Fairlie
- 13:00** Private introduction to the Holy Island Project  
Then tour the island at your leisure
- 15:00** Island ferry back to Dualist
- 15:45** Departure to Largs  
Afternoon tea en-route to Largs
- 18:00** Arrive back at Largs Yacht Haven

Please call to arrange a meeting for your tailor-made itinerary.  
**Brian Thomson: 07771 811299**  
[www.7degreeswest.co.uk](http://www.7degreeswest.co.uk)



Clockwise from top left: wild pony; view from interior at the Holy Island Project; sheep by the visitor centre; stained glass; cormorant and curious seal.